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Eleni Papamichalaki is actively involved in the fields of adolescent health promotion and psychosocial support for students within the school environment. She is a secondary education educator and a scientific associate of the Adolescent Health Unit (AHU), 2nd Department of Pediatrics, “P. & A. Kyriakou” Children’s Hospital, School of Medicine, National and Kapodistrian University of Athens (NKUA). She holds a Master of Science (MSc) in “*Development Strategies of Adolescent Health*” from the Medical School of NKUA and a Master of Education (MEd) in “*Teaching English as a Foreign Language*” from the Hellenic Open University (HOU). Furthermore, she has obtained annual Continuing Professional Development (CPD) certificates in “*School Psychology*” from the University of the Aegean, as well as in “*Supervision (Mentoring), Coaching, and Evaluation in Education*” and “*Adult Education*” from the University of Macedonia. She is a graduate of the Department of English Language and Literature, NKUA.

Since 2012, she has been collaborating with the Adolescent Health Unit, participating in prevention initiatives through the “*ARIADNE*” Network and the “*From A to Z: An Academy for Parents*” program. She is a certified Erasmus+eTwinning educator focusing on the safe and appropriate use of technology by children and youth. Additionally, she has served as a teacher trainer for the Ministry of Education’s “*Stop Bullying*” program, focusing on the prevention of school violence and bullying. She was further trained by “*The Diana Award*” organization as an Ambassador for the European program “*ENABLE*” (*European Network Against Bullying in Learning and Leisure Environments*). She is also a member of the Pedagogical Team (1st Thematic Unit) of the International Thematic Network ‘*Today’s Student – Tomorrow’s Active Global Citizen*’ (S.H.M.A.–A.E.P.), coordinated by the Secondary Education Directorate of B’ Athens. In this role, she contributes to promoting creativity and innovation in mental health, social-emotional development, and resilience among students and educators, while also supporting health promotion and psychosocial wellbeing in education. Throughout her professional activity, she has voluntarily trained more than 1,000 educators in social and emotional learning (SEL), bullying prevention, and the strengthening of student resilience. She also participated as an instructor in the program “*Children and Adolescents during the COVID-19 Pandemic*,” a collaboration between the Ministry of Health, EIPSY and NKUA. She currently collaborates with the National Technical University of Athens (NTUA) in the “*EduCardia*” SEL project and with the “*Child and Adolescent Mental Health Initiative*” (CAMHI) of the Stavros Niarchos Foundation.

She has presented her work at numerous national and international conferences, contributed to scientific publications on social-emotional learning and school bullying, and has served as a peer reviewer for scientific journals. She has received international academic mobility and study scholarships from prestigious organizations, including the **Fulbright Foundation** (California State University), the **German Academic Exchange Service – DAAD** (University of Freiburg), and **Erasmus** (University of Saarland), and has also been honored with Best Practice Awards by NKUA. Additionally, she has completed professional development programs from world-renowned universities, including *"Improving Global Health: Focusing on Quality and Safety"* (**HarvardX**), *"Health Behavior Change: From Evidence to Action"* (**Yale University**), and the *"Mental Health Literacy for Children and Adolescents"*, offered within the framework of the **CAMHI initiative** (Stavros Niarchos Foundation / Child Mind Institute).

Her scientific interest focuses on the promotion of child and adolescent mental health within school settings, emphasizing bullying prevention, social-emotional learning, and the enhancement of resilience by bridging academic knowledge with practical school-based interventions.